

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH PRESENTS:

Virtual

TRAUMA-INFORMED PARENT TRAINING

This eight-week course will provide parents and guardians with the tools to support children who have been impacted by trauma. Meet other parents and professionals who can share personal experience, knowledge, and resources. Classes are open all parents and guardians and there is no cost to participate. Families do NOT need to be enrolled in any SCCCMH services to attend.

Classes will be held on Mondays from 10:00am to 12:00pm, beginning on January 25, 2021 and will take place virtually. Families will need access to a internet connected device such as a smartphone, tablet or computer to participate. A link to join the class will be provided after registration is complete. (Note: CMH is closed on 2/15, class will not be scheduled on this date.)

Advance registration is required. Please plan to register for and attend the entire 8-week series.

Contact Tammy Lake at 810-966-2597, or flake@scccmh.org to reserve your spot today.



CLASS SCHEDULE

- Session 1: Monday, January 25, 2021
- Session 2: Monday, February 1, 2021
- Session 3: Monday, February 8, 2021
- Session 4: Monday, February 22, 2021
- Session 5: Monday, March 1, 2021
- Session 6: Monday, March 8, 2021
- Session 7: Monday, March 15, 2021
- Session 8: Monday, March 22, 2021



**St. Clair County
Community Mental Health**
*Promoting Discovery & Recovery Opportunities
for Healthy Minds & Bodies*

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