



ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH

PERSON CENTERED PLANNING 101

SELF-STUDY TEST

2019

Name: _____

Date: _____

Test Score: _____

Instructions: Read each question, and circle your answer. Staff must score 80% or higher to receive credit for this training (8 correct answers).

1. Person Centered Planning is a practice that is based on a philosophy of planning for the near and long-term future.
 - a) True
 - b) False

2. A Person Centered Planning meeting may be facilitated by:
 - a) The individual him or herself
 - b) A family member or friend
 - c) An independent facilitator
 - d) Any of the above

3. The individual may request changes in the PCP plan at any time.
 - a) True
 - b) False

4. All individuals have a right to have their IPOS developed using a person-centered planning process.
 - a) True
 - b) False

5. Prior to holding the PCP meeting, the individual should be offered the option of outside facilitation, and a pre-planning meeting is held.
 - a) True
 - b) False

6. The purpose of the pre-planning meeting is to engage the individual to choose:
 - a) Who will attend
 - b) When and where the meeting will be held
 - c) What should be discussed
 - d) All of the above
 - e) None of the above

7. The personal profile is used to tell a history, describe likes and dislikes and/or uncovers strengths and abilities.
 - a) True
 - b) False

8. Selecting activities that please the individual can empower them towards achieving their dreams.
 - a) True
 - b) False

9. Individuals have a right to appeal their PCP process if the outcome is not desirable.
 - a) True
 - b) False

10. The PCP process looks only at meaningful activities today, not those in the future.
 - a) True
 - b) False