

Comforts of Life

by Brookelynn Haslem

Hope, healing and recovery are some of the strongest feelings in the world. Having hope can do great things. Healing is amazing overall and can save lives. Recovery is something everyone can use once in a while. If you put hope, healing and recovery together, that can do great wonders.

Let's start with hope. Hope can do great things. I knew this personally just as others do. For instance, my dad became super sick once when I was about ten years old and he ended up in the hospital for two or so months. He was there from the end of December to the end of February. When he was in the hospital, they told him he might not make it. My sister, brother, friends, family, and I all prayed and hoped he would get better. He ended up coming home better than ever.

Not only was it my dad but my mom had an appendix rupture when I was about two years old. She wasn't supposed to make it. Then, after getting over that she ended up getting sepsis, but again her family and friends prayed and hoped she would make it through both problems and it did great things. My mom should have died both times but didn't. They both made it because we believed, hoped, and prayed, along with the work of the doctors.

Another situation that is known is the story of 14-year-old John Smith. In 2015, John was submerged underwater for fifteen minutes. It all started when he and his friends were playing on the ice and fell through. His body was cold and lifeless and doctors tried to administer CPR for forty-three minutes with no success. Doctors delivered the tragic news to John's mother, Joyce. When she entered his hospital room, she quickly prayed out loud in the hope he would come back. Thanks to her hope and prayer, John's pulse came back and he made a full recovery. In conclusion, hope can keep you strong through tough things in life.

Next is healing and recovery. When people get into fights and disagreements with each other it is important that they make it up because it can ruin relationship. So, if fights happen it is in their best interests that those people heal their relationships with their friends and family. On the other hand, recovery is also important. People can and should recover from many things like drugs, alcohol, smoking, vaping, and addictions. If you recover from one of those things and stop doing it that can make a life difference. Even though it may be hard it can save your life.

Hope, healing and recovery are all things that come along in people's lives. If we have hope, are being healed, or recovering, it can make a difference. Remember, always hope for the best. Always heal mentally, physically or with a relationship, it is in the best interest to do so. Finally, remember to recover. Hope, healing and recovery can make a difference.