

My Hopeful Year
By Lillian Rutallie

Hope has been here all along
It is what keeps us moving forward, it's what keeps us strong
In times of conflict, loss or despair
Hope is always, always there

When someone you know is having a hard time
Whether they are young, or in their prime
You can help them heal and offer to pray
It all begins with hope as the most important step of the way

Hope is used to keep us strong
Sometimes hope is a reminder of where we belong
So the next time that you feel in doubt or despair
Cling to hope and it will be there

Hope is inspired in many different ways
Hope can be a coping tool for people to use every single day
During COVID, my Dad was taken
I was scared and my world was shaken

The call came in on a spring day
What would happen now, how long will he be away?
He is my Dad, I do not want to share
I want him here, not over there
Two months slowly passed
He eventually came home, at last
He can only stay for a day
But then, he will go back away
I am sad and desperately want my Dad
I star strong and brace for I don't want him to know I a mad
Anger turns to gratitude, which turns to pride
For I hold to his promise that he will soon be back by my side

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