



# St. Clair County Community Mental Health Authority

**Mission:** “Promoting Discovery & Recovery Opportunities for Healthy Minds & Bodies”

In support of its Mission, St. Clair County Community Mental Health will embrace a Vision which:

1. Recognizes that all people have the capacity to **discover, recover**, grow and positively change their thinking, beliefs and behaviors.
2. Facilitates **equal access** to quality services.
3. Assures availability and access to effective evidence-based services where programs and opportunities are designed to promote **choice** and responsibility tailored to the strengths and needs of the individual.
4. Effectively plans, evaluates, and monitors the system to assure **accountability** for the most effective and efficient management of resources.

## Values

### Respect for Individuals

St. Clair County CMH cannot succeed without people. It is people who give the Agency its meaning and it is people who make it work. St. Clair County CMH believes in the idea that treating all people well — with dignity, respect, equality, and with expectations of growth and development — is fundamental to assuring the provision of excellent services.

### Integrated Health

St. Clair County CMH recognizes that behavioral health and physical health are interdependent and must work together to promote recovery. CMH practitioners serve as part of a comprehensive and integrated team empowering individuals served to exercise self-determination toward holistic health and recovery on their way to Healthy Minds & Healthy Bodies.

### Community Commitment

St. Clair County CMH believes that accountability to and responsibility for the local community is essential and will strive to develop partnerships that create opportunities, takes measured risks, advances creativity, and challenges the status quo.

### Positive and Effective Environment

St. Clair County CMH is committed to a healthy, safe, and productive work environment that recognizes everyone affiliated with the Agency is a valuable team member who can offer perspective and insight to improving the quality of our support to individuals receiving CMH services.

We believe in the continual personal and professional improvement of team members and improvement of treatment opportunities through evidence-based and promising practices. Because responsible innovation and creativity are key to balancing Agency requirements with the unique needs and circumstances of individuals receiving services, we favor modifying our policies, procedures and practices as necessary.



*Reviewed by the Advisory Council  
June 26, 2019*

*Revised by the CMH Board of Directors:  
November 18, 2014; August 6, 2019*

*Approved by the CMH Board of Directors:  
May 5, 2020*