

# Please read the daily COVID-19 update in its entirety!

In an effort to effectively communicate updates and information to all staff it is essential, expected and mandatory that you read the daily COVID-19 updates provided. Reading all information will keep all information centralized, ensure staff is up to date regarding needed information, and prevent staff questions regarding information that has already been communicated.

**Monday, June 8<sup>th</sup>, 2020**



## **Healthy Minds, Healthy Bodies Virtual Series Week 3**

Didn't get to participate with week three of the "Taking Care of Yourself During COVID 19" virtual series, and would still like to view it? Please visit <https://youtu.be/U-Exm7n2OtY> to see great information from Tom, Noelle, and Nancy on topics including: Why Stretching Is Vital to Your Health, Foods that Boost Your Immune System and Vinyassa Flow Exercise.

## **Sending Pam Leslie Best Wishes on her Retirement**

Pam Leslie has hung up her stethoscope, and has recently retired after 20 years here at SCCCMH. Pam has been a fantastic co-worker, and a very valuable employee who has positively impacted many people that she has worked with. She will be greatly missed here at CMH, and we wish her all of the best! An outdoor gathering to celebrate this milestone may be planned at a later date. If you would like to contribute to a gift, and sign a card for Pam, please contact Tracy Goyette ext. 3740 [tgoyette@scccmh.org](mailto:tgoyette@scccmh.org) or Amy Kzyonsek at ext. 3728 [akzyonsek@scccmh.org](mailto:akzyonsek@scccmh.org)

## **Fresh Produce Food Distribution for St. Clair County**

An email was sent out to all staff on Monday 6/8/2020 from Amy Smith regarding opportunities to volunteer for food distribution. Staff can inquire with their supervisors about volunteering during work time. If you have any individuals/families in need of a box of produce, that may not be getting it through the normal pop-up mobile food pantries, another Farmers to Families produce shipment will be coming in Wednesday 6/10/2020 (and for the next three weeks following). Please contact Amy Smith at [asmith@scccmh.org](mailto:asmith@scccmh.org) with questions or to discuss coordination for individuals.

## **Staff Reminder – Using the Back Entrance**

As a reminder to staff, a nursing staff will be stationed at the back entrance of Electric Avenue from 8 am to 9 am daily Monday through Friday to complete COVID screens for staff using this entrance. Outside the 8 am -9 am time period, the front entrance of Electric Avenue is the only entrance to be used for staffs initial entry into the building for the day. Building staff that have been screened, and received their color sticker for the day may use the back door during business hours. All staff, please continue follow building entry protocol posted at all CMH building entrances.

## **Thank You for Being a Great Team!**

Thank you to Tracy Goyette for sharing some of the positivity and dedication that you have recognized from the CMH team during these unprecedented times:

*Mirroring some of what was said in the Friday, COVID-19 Daily Update, I have been amazed with the creativity and dedication that everyone has displayed to keep the wheel turning and continue providing services to individuals who receive CMH services, while juggling their own lives that have been effected by this pandemic. I have also been in awe and extremely grateful to work for an agency that has offered the options it has to their employees. I watched the agency shift from in person to virtual services where it was a good option, practically overnight. iPads were issued where necessary, when iPads were not cutting it Laptops were ordered. Staff's livelihood stayed intact staying home and providing services, and where there were gaps in their day, encouraged to enhance their skills with training opportunities and professional development. No one had to take a layoff, but a voluntary option was created for staff who wanted/needed it. I have not heard of any other organization doing anything like this for their employees. Dealing with the COVID-19 pandemic and accommodating the day to day changes that accompanied that, not only has CMH risen, everyone went beyond to service not only our individuals and support its employees, but to support the entire community. Masks were gathered and made, PPE gathered, enhanced cleaning and screening procedures developed, websites and support lines were created, we LifeSize, we email, we call, we teleconference, we made videos and developed a COVID-19 response team, we found new ways to encourage, stay in touch and support each other, and when needed we show up and support. I am beyond proud and grateful to be a part of this agency. – Tracy Goyette*

## Staff Spotlight

Keep sending in your Staff Spotlight answers and photos if you would like to be featured in the daily updates! Completed forms can be returned to Tracy Goyette at [tgoyette@sccmh.org](mailto:tgoyette@sccmh.org)



## Staff Spotlight

### Shannon McKeever

**Position:** SUD Clinician in Port Huron

**Length of time working at CMH:** 9 years

**Family/Pets:** I have an 18 year old daughter, 3 Olde English Bulldogges and 4 cats in the house.

**Favorite thing about working at CMH:** The support my coworkers provide to one another

**What is the best gift you've ever been given?** My daughter, she is the biggest blessing in my life.

**What would you do if you won the lottery?** I would first spend some time in Disney World, in the UK for a Harry Potter site seeing tour and seeing a few shows on Broadway. After that, I would come back to the area and put a committee together of local agencies and invest in the needs of the community. I am aware of the need for affordable housing in our community and I would work toward ensuring there is housing in our area that low income people can afford to live despite their history.

**What is a skill you would like to master?** There are 3, knitting, crocheting and sign language.

**What is the one thing on your bucket list that co-workers would be surprised to learn?** I would like to go back to college to become a sign language interpreter. In high school I was fluent and would like to be again.

**You can relive one day in your life. What day is it?** Any day I am in Disney World.



### Kudos

A big Thank You! to **Lauren Higgins** and the **Nurses** for helping cover the ACT nursing duties while the ACT nurse has been off.

Great work! **Tricia Gapshes**, who is an incredible advocate putting in many hours and hard work to coordinate with the schools and support and individual and her family with a complicated IEP process.

Kudos to **Thelma West** for her team work and stepping up and completing a SUD intake when another staff was called to do a screening at the hospital.