

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY  
3111 Electric Avenue  
Port Huron, Michigan 48060

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GROUP MEETING: SCC Community Mental Health Board  
SUBJECT: Regular Session  
PLACE: St. Clair County Community Mental Health  
3111 Electric Avenue, Port Huron  
DATE: May 14, 2019  
TIME: 6:00 p.m.  
PRESIDING: Nancy Thomson, Chairman

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PRESENT: L. Ames, S. Armstrong, J. Jowett-Lee, M. Partipilo, M. Paulus, E. Priemer, E. Rieves,  
M. Smith, N. Thomson, S. White  
CALL IN: No one  
ABSENT: J. Bligh, A. Essian  
ALSO PRESENT: Staff: D. Johnson, T. Pingitore, K. Farr, Dr. Saeed, L. Gauthier

I. CALL TO ORDER

The meeting was called to order at 6:00 p.m. by Chairman Thomson.

II. CITIZENS WISHING TO ADDRESS THE BOARD - None

III. SPECIAL PRESENTATION: SPRAVATO – Dr. Saeed

Dr. Saeed provided an overview of a new antidepressant that will soon be offered at CMH called Spravato. We are currently the only approved facility in St. Clair County to administer this medication (waiting on approval from Medicaid) and Genoa is the only approved pharmacy. Treatment is available to anyone in St. Clair County with a doctor's referral, they do not have to be receiving services here at CMH or on Medicaid. Once treatment is completed, for those individuals not receiving services at CMH, they resume treatment with their own doctor. This medication is only available to those individuals who have documentation stating that they have tried two other antidepressants without success. Spravato is an add on to what they are currently taking and is administered 1x-2x weekly over a 3 to 4 month period.

Spravato is a nasal spray that is administered in a controlled setting. Patients must be monitored here at CMH by a nurse for at least two hours following the administering of the medication for potential side effects. They must be accompanied by a support person that is able to drive and must agree not to drive for 24 hours. In addition, a urine test is required prior to receiving Spravato to ensure they are not on any other drugs.

IV. AGENDA CHANGES – None

V. PRESENTATION OF PREVIOUS MEETING MINUTES

- A. Public Hearing
- B. April 2, 2019 Meeting

It was moved by Mr. Rieves, seconded by Ms. Partipilo, to approve the meeting minutes of the April 2, 2019 Public Hearing and April 2, 2019 CMH Board Meeting, as presented. **MOTION CARRIED**

VI. PRESENTATION OF MARCH RECEIPTS/DISBURSEMENTS AND ELECTRONIC TRANSFERS

It was moved by Mr. Rieves, seconded by Mr. Smith, to approve the March Receipts/Disbursement and Electronic Transfers, as presented. **MOTION CARRIED**

VII. PRESENTATION OF BILLS TO BE PAID

It was moved by Ms. Jowett-Lee, seconded by Mr. Priemer to approve the Bills to be Paid in the amount of \$3,952,980.44, as presented. **MOTION CARRIED**

VIII. ITEMS FOR ACTION

A. Region 10 PIHP/SCCCMHA FY 19 Medicaid Contract – Amendment #3 – T. Pingitore

Ms. Pingitore stated the purpose of Amendment #3 to our FY 19 Medicaid Contract and overviewed the many changes. Specifically, Part I: Contractual Services Terms and Conditions in the areas of Compliance with Applicable Laws, Patient Protection and Affordable Care Act, Fiscal Soundness of the Risk-Based CMH, Program Integrity, CMH Ownership and Control Interests, Subcontracting, Reviews and Audits; Part II: General Statement of Work: Information Requirements, Provider Network Services, Integrated Physical and Mental Health Care, Uniform Data & Information, Third Party Resource Requirements, External Quality Review and Advance Directives. The following attachments to the contract were also modified: PIHP-CMH Delegation Agreement, CMH Staffing Lease Agreement, Customer Service Standards, Grievance and Appeal Technical Requirement, CMH Reports Requirements and PIHP Compliance Examination Guidelines. All of the modifications have been reviewed by the appropriate staff and no concerns were expressed. Therefore approval of the Region 10 PIHP/SCCCMHA FY Medicaid Contract Amendment #3 is being recommended.

It was moved by Ms. Partipilo, seconded by Ms. Ames, to approve the Region 10 PIHP/SCCCMHA FY 19 Medicaid Contract, as presented. **MOTION CARRIED**

B. Contract Amendments – K. Farr

Ms. Farr stated that our contract agencies were contacted advising them that we were in the process of completing our budget to include the direct care worker increase and any additional changes they had in their budget for the year. The amendments coming to the Board for approval this evening are those that are \$50,000 or greater.

1. Life Skills Center, Inc .  
Increase \$239,834.00  
(\$20,344.00 DCW Increase / \$219,490.00 Weather Related Program Changes)

2. Community Enterprises of St. Clair County  
Increase \$185,150.00  
(\$12,867.99 DCW Increase / \$172,283.00 Weather Related Program Changes)
3. Blue Water Developmental Housing:
  - a. Supported Living Arrangements  
Increase \$227,411.00  
(\$4,548.22 DCW Increase / \$222,862.78 Weather Related Program Changes)
  - b. Residential Services: Personal Care & Community Living Support  
Increase \$93,973.00  
(\$64,718.22 DCW Increase / \$29,254.78 Staffing Schedule Changes)
4. IMPACT:
  - a. Supported Living Arrangements  
Increase: \$59,812.00  
\$1,196.24 DCW Increase / \$58,615.75 (Weather Related Program Changes)
5. Innovative Housing: Residential Services Personal Care & Community Living Support  
Increase: \$156,870.00  
(\$108,413.18 DCW Increase / \$48,456.82 Staffing Schedule Changes)
6. Guardiantrac, LLC d/b/a GT Independence: Self Determination  
Increase: \$123,961.62  
(\$7,000.00 DCW Increase / \$116,961.52 Increase in Number of Individuals Being Served)

It was moved by Mr. Armstrong, seconded by Mr. Priemer, to approve the contract amendments with Life Skills Center, Inc., Community Enterprises of St. Clair County, Blue Water Developmental Housing, IMPACT, Innovative Housing and Guardiantrac, LLC d/b/a GT Independence, as presented. **MOTION CARRIED**

IX. INFORMATIONAL ITEMS

A. Finance – K. Farr

1. March YTD Funding Bucket Reporting & Financial Statement

Ms. Farr presented the new format for the presentation of the Funding Bucket Report. For the six months, October 1, 2018 through March 31, 2019 this format has all the Region 10 contract funding together, keeping Medicaid and Healthy Michigan separate; then all the funding sources for General Fund are together; and then the Other funding sources.

She reported that:

- YTD Expenditures are running approximately \$269,000 under budget.
- Payroll costs are running approximately \$65,000 under budget; which would be more like \$500,000 if we hadn't provided the wage adjustment when the contract was ratified.
- Contractual costs are running approximately \$276,000 over budget, mainly in the area of physicians
- Residential, Supported Housing and Self Determination are running \$385,000 under budget

- Contract agencies are running approximately \$348,000 under budget
- Contract Outpatient expenditures are running approximately \$72,000 under budget
- Medical Equipment (091s) are running approximately \$35,000 over budget and Hospitals are running approximately \$391,000 over budget. A lot of this is due to the reduction in bed availability (reduction in staffing) at McLaren Hospital which forced us to use other hospitals with higher costs. Starting July 1<sup>st</sup>, McLaren is opening additional 7 beds for a total of 23 beds.

Region 10 PIHP Contract Funding:

- YTD Medicaid Expenditures are running approximately \$626,000 under budget with a surplus of approximately \$1,174,000.
- YTD Healthy Michigan Expenditures are running approximately \$491,000 over budget. Ms. Farr stated that she anticipates that we will need still need additional Medicaid funds to cover Healthy Michigan.

General Fund:

- We have been struggling to determine why the General Fund was running at a deficit. It was determined that the Spenddowns were being incorrectly recorded in the workbook that produces the reporting and a new Adult Department Code and been pulled out for residential and it was incorrectly mapped in the workbook. When these two changes were corrected, we now have a slight surplus. As a result, our YTD corrected Net Surplus for our General Fund is approximately \$36,000.
- There are no concerns with “Other” funding.

Ms. Farr stated that staff have been working on an amended budget to bring to the Board. Highlights include:

- Cost calculations have been requested from our providers to let us know where they are at with their costs for the year
- We have requested from Region 10 a \$1.8 million increase in our allocation. This is associated with the direct care worker increase approximately \$420,000; another \$700,000 in contractual employees (physicians and Autism providers); \$800,000 for hospitals.

2. SB&W Analysis of Bank Proposals

Presented to the Board was an analysis from the auditing firm of Stewart, Beauvais and Whipple with regards to three bank proposals for banking services asking them for a recommendation based on the information provided (no names were provided – just labeled Bank 1, Bank 2, Bank 3). Provided by Ms. Farr was an overview of the analysis.

Based on the information provided, SB&W recommended Bank 3 as they would generate the largest net interest revenue (interest earning and fee reduction). They also suggested that we consider having more than one financial institution, which we do through using the ICS services offered with NorthStar and the relationship they have with other banks.

Ms. Farr advised the Board that NorthStar Bank was Bank #3.

It was moved by Mr. Rieves, seconded by Ms. Jowett-Lee, to move the SB&W Analysis of Bank Proposals, to an Item for Action. **MOTION CARRIED** (Ayes: 9; Nays: 0; Absent: 2; Abstentions -1 Mr. Armstrong)

It was moved by Ms. Partipilo, seconded by Mr. Paulus, to transfer the St. Clair County CMH funds from Chemical Bank to NorthStar Bank based on the analysis conducted by Stewart, Beauvais & Whipple, as presented. **MOTION CARRIED** (Ayes: 9; Nays: 0; Absent: 2; Abstentions -1 Mr. Armstrong)

B. St. Clair Operations – K. Gallagher

1. CCBHC Update

We started seeing Region 10 SUD only individuals on April 15<sup>th</sup> and as of May 1<sup>st</sup> we are able to see anyone through the CCBHC for SUD only, SMI, Co-occurring, SED and children's SUD. We have averaged 4-5 intakes a week which is more than what was anticipated. We were open for our first Saturday on May 4<sup>th</sup>. It was a slow start, but in June we will be open two Saturdays a month.

We are scheduling trainings for staff in Cognitive Behavior Therapy through the Beck Institute for September. All Case Managers and Clinicians will review a Motivational Interviewing brush up – or full course if needed. We are in the process of scheduling trainings for the rest of the Evidence-Based Practices as part of the CCBHC Grant.

2. Home Front Strong Training

The Home Front Strong training for group facilitators to work with family members of those deployed and veterans occurred at the end of April. Forty (40) individuals received the training and have identified two trainers for the group (Katrina Parker and Leslie Brown). Home Front Strong is recruiting for this support group.

3. LGBTQ Group

Our LGBTQ group has started and is being held at the Port Huron Library due to zoning issues the Center of Port Huron is facing with the City of Port Huron. This group is for those individuals aged 14 to 21 years of age.

4. New Children's Facility Update

Ms. Johnson advised the Board that Phase II of the Environmental Site Survey (radon, asbestos, etc.) has started on the new 24<sup>th</sup> Street building. We were approved by the Brownsville Authority for funds up to \$20,000 to help offset the cost. Preliminary results indicate that there are no issues; however, it must go to the lab for confirmation. The title work is in process. It had been suggested that they were going to leave the office furniture, however, this is not going to happen and we will have to order with the help of NBS.

C. Annual Awards Recognition Comments – N. Thomson

Feedback was sought from Board members with regards to this year's event. We had seven Board members in attendance. The Agency is forming a Committee to review the format of the evening.

Once feedback has been received from the Committee it will be brought back to either the Annual Awards Committee or the full Board for review. It was suggested that the social time be reduced and have the program from 6:00 pm to 7:00 pm and if people to stay after they could. With the change in time, not dismiss the students. It was felt that this is the perfect opportunity to educate them about mental health and support for continuation of the Art/Writing Contest was expressed.

D. Region 10 Update – E. Priemer / S. Armstrong

1. Board Meeting Minutes (04/19/19)

Mr. Priemer stated that the minutes are reflective of what occurred at the meeting. The next Region 10 Board Meeting is this Friday at which time he expects discussion of Section 298 to continue.

Mr. Armstrong stated that there three issues: 1) Autism; 2) Hiring of a Finance Director; and, 3) Restructuring of Region 10 with the departure of Genesee CMH (October 1<sup>st</sup>).

Ms. Johnson stated that there has been discussion at the state level with regards to who should manage the unenrolled population. At the recent Region 10 CEO Meeting, Mr. Johnson informed CEOs that the CMHs in the pilot programs sent a proposal to the State for them to manage the unenrolled. The State has said that the PIHPs that currently exist in the pilot region will remain the PIHP for the unenrolled population.

In the Governor's budget recommendation has been released. The Senate's version is significantly different. In the Senate language they propose extending the pilot to three years, instead of one year, with no evaluation mechanism and automatically privatizing the system. The current language says one year pilot with an evaluation and if the results are positive, to move forward with privatization. It also contains a significant reduction in Autism services. Ms. Johnson stated that she has sent our concerns regarding Autism reimbursement rates to Senator Lauwers and will be forwarding to the other legislators as well. She will keep the Board updated via e-mail with any Action Alerts prior to the next Board meeting. The House version has just been released; but not yet reviewed by staff. The Governor is hoping to have the budget completed in June.

E. Community Education/Public Relations / Upcoming Trainings – D. Johnson

Provided for information was the Community Relations Activity Report for the month of April. Our Run for Recovery was held on Saturday, May 11<sup>th</sup> with over 400 runners, 10 run clubs from schools participating and 125 staff participated in one way or another.

Walk-A-Mile in My Shoes rally in Lansing was held on May 9<sup>th</sup> and the Community Resource Fair was held on May 8<sup>th</sup>.

Upcoming Training Calendar was made available to Board members. Contact Tammy Lake at CMH to register.

F. Community Mental Health Association Business – D. Johnson

1. Weekly Update

Board members were reminded of the PAC Campaign taking place. Contributions must be submitted by mid-June. We are hoping for 100% participation from the Board. Funds raised are used by the Board Association to advocate in the best interest of the CMHs.

2. Call to Action

Watch for upcoming alerts! They are also on Facebook and will be e-mailed separately.

3. Spring Conference (6/11-12/19)

Board members interested in attending the Spring Conference, June 11 & 12, 2019, at the Suburban Collection Showplace in Novi should make their interest known to Lori. The conference brochure has just been released.

X. DIRECTOR'S REPORT – D. Johnson

A. Community Foundation Quarterly Report

Provided for information was the Quarterly Report from the Community Foundation. Contact Ms. Farr should you have any questions.

B. "In the Know" Newsletter – May Edition

This report is provided to staff and contract agencies and provides an update of current happenings within the Agency. Coming soon to St. Clair County is the SUD Recovery Court. Ms. Johnson has been participating in meetings with Judge Monaghan, Mr. Wendling and other representatives from the Court, Probation, Sheriff Department in the development of an SUD Recovery Court to begin October 1<sup>st</sup>. They want CMH to be the exclusive provider for Substance Abuse Services (drug and alcohol).

C. Rights Champion Newsletter – April Edition

The newsletter announces the Rights Award Recipients for December through March and addresses confidentiality requirements. Ms. Johnson commended Ms. Delor not only for her work as the Rights Director but also for the creation of the Rights Champion Newsletter and her participation on a state-wide committee.

D. Other

- We reviewed a letter from an employee (Van Driver) that had only worked with us a couple of weeks. Ms. Thomson directed Ms. Johnson to send a letter to him indicating that his letter was shared with the Board.
- With regards to the travel issue, Ms. Johnson advised the Board that a Committee continues to meet and review this issue. We have conducted a training on how to calculate mileage and how to reserve cars. We do have four more vehicles arriving shortly. Costs are being reduced.

One idea suggested was staff consolidating their program vehicle usage with their appointments and coordinating each other. Each person uses the vehicle a certain day/time and arranges their appointments to meet their assigned time. There will always be some exceptions but this should help in usage. Ms. Johnson stated that if any Board member wishes to discuss this issue further to please contact her and she would be happy to discuss. Chairman Thomson and Ms. Jowett-Lee stated both indicated their appreciation of the staff time and effort that has gone into this issue.

- Ms. Johnson stated that staff meet quarterly with VALIC who manages our social security alternative, with assets exceeding \$27 million. Ms. Johnson asked Mr. Essian who works for the financial firm of Raymond James (now Beacon Weld) to sit on this Committee and he agreed.

XI. BOARD FORUM

A. Advisory Council Meeting Minutes (03/27/19) – N. Thomson

Provided for information were the minutes of the March 27, 2019 Advisory Council Meeting.

XII. ANY OTHER BUSINESS TO PROPERLY COME BEFORE THE BOARD

Mr. Priemer asked if the new Lincoln House is operational. Ms. Johnson replied no, it has to be completely renovated, expected completion around December 2019.

Ms. Johnson stated that we have received an appraisal on the Allen Road Home that was vacated to move the residents to the home on Charmwood. A few repairs are needed and IMPACT needs to remove some things. Once completed we will bring a recommendation to the Board on what to do with the home.

XIII. ADJOURNMENT

It was moved by Mr. Rieves, seconded by Ms. Jowett-Lee, to adjourn. **MOTION CARRIED** . With no further business to discuss the meeting was adjourned at 7:20 pm

Respectfully submitted,

Lorene Ballor-Gauthier  
Recording Secretary