

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
3111 Electric Avenue
Port Huron, Michigan 48060

GROUP MEETING: SCC Community Mental Health Board
SUBJECT: Regular Session
PLACE: St. Clair County Community Mental Health
3111 Electric Avenue, Port Huron
DATE: April 2, 2019
TIME: 6:00 p.m.
PRESIDING: Nancy Thomson, Vice Chairman

PRESENT: L. Ames, S. Armstrong (left at 7:20 pm), J. Bligh, A. Essian, J. Jowett-Lee, M. Partipilo, M. Paulus, M. Smith, N. Thomson, S. White
CALL IN: No one
ABSENT: E. Priemer, E. Rieves
ALSO PRESENT: Staff: D. Johnson, T. Pingitore, K. Farr, M. Measel-Morris, L. Gauthier

I. CALL TO ORDER

The meeting was called to order at 6:13 p.m. by Vice Chairman Thomson.

II. CITIZENS WISHING TO ADDRESS THE BOARD - None

III. CLOSED SESSION

Vice Chairman Thomson stated that the purpose of the Closed Session is to discuss the purchase of real estate property.

It was moved by Mr. Essian, seconded by Ms. Partipilio, to move into Closed Session. **MOTION CARRIED**

The Board moved into Closed Session at 6:14 pm
The Board resumed into Regular Session at 6:24 pm

IV. Election of Officers

Ms. Jowett-Lee, Nominating Committee Chairman, conducted the Election of Officers. She stated that the Nominating Committee met and developed the Slate of Officers that was presented at the last Board meeting. The Slate of Officers is as follows: Chairman – Ms. Nancy Thomson; Vice Chairman – Ms. Julie Jowett-Lee; Secretary/Treasurer – Ms. Lori Ames; each have indicated a willingness to serve.

The Election of Officers was then conducted beginning with the Office of Chairman. The Nominating Committee has recommended Ms. Nancy Thomson. Ms. Jowett-Lee asked if there were any nominations from the floor, three times. Hearing none, the nominations were closed.

It was moved by Mr. Smith, seconded by Ms. Partipilo, to close the nominations and unanimously accept the 2019-20 Slate of Officers, as presented. **MOTION CARRIED**

The Officers of the St. Clair County Community Mental Health Board for 2019/20 are:

Chairman: Nancy Thomson
Vice Chairman: Julie Jowett-Lee
Secretary/Treasurer: Lori Ames

V. AGENDA CHANGES – None

VI. PRESENTATION OF PREVIOUS MEETING MINUTES

It was moved by Mr. Essian, seconded by Ms. Jowett-Lee, to approve the March 5, 2019 CMH Board Meeting Minutes, as presented. **MOTION CARRIED**

VII. PRESENTATION OF FEBRUARY RECEIPTS/DISBURSEMENTS & ELECTRONIC TRANSFERS

It was moved by Ms. Armstrong, seconded by Ms. Jowett-Lee, to approve the March 5, 2019 Receipts / Disbursements and Electronic Transfers, as presented. **MOTION CARRIED**

VIII. PRESENTATION OF BILLS TO BE PAID

It was moved by Mr. Essian, seconded by Ms. Jowett-Lee, to approve the Bills to be Paid in the amount of \$4,197,973.15, as presented. **MOTION CARRIED**

IX. ITEMS FOR ACTION

A. MDHHS Annual Submission Requirements

It was moved by moved by Ms. Jowett-Lee, seconded by Mr. Armstrong, to approve the MDHHS Annual Submission Requirements as presented. **MOTION CARRIED**

B. Appointments to Board Committees

Presented by Chairman Thomson was the 2019-20 CMH Board Committee Appointments as follows:

Annual Awards:
Julie Jowett-Lee
Ed Rieves
Martha Serafin

Advisory Council:
Nancy Thomson, Chairman
Ed Rieves (Area of Representation: SUD)
Martha Partipilo (Area of Representation: Intellectual/Developmentally Disabled Adults)
Mark Paulus (Area of Representation: Mentally Ill Adults)

Personnel Committee:

Ed Rieves
Mike Smith
Martha Partipilo
Lori Ames

Region 10 PIHP Board (Board Rep & Chairman)

Mr. Armstrong stated that there are two representatives from each CMH Board on the Region 10 Board; one of which is the Chairman of the Board. The composition of this Board will change once Genesee CMH becomes a pilot and pulls out of Region 10. Until that time, Mr. Armstrong stated that he will remain on the Region 10 PIHP Board with Mr. Priemer with Ms. Thomson joining the Region 10 PIHP Board at that time as the St. Clair CMH Board Chairman.

Recipient Rights Advisory Committee

Nancy Thomson, Chairman	Rosella Mirabelli
Sue Bolton	Ed Rieves
Georgina Day	Joann Wilton
Barbara Deegan	Lori Ames
John Duddy	

Joshua Koehn (Port Huron Hospital Representative)

It is noted that the CMH Board Chairman is an ex-officio member to all Committees.

It was moved by Mr. Essian, seconded by Ms. Partipilo, to approve the 2019/20 CMH Board Committee Appointments, as presented. **MOTION CARRIED**

C. Mission, Vision & Values Statement

Ms. Johnson requested that the Agency’s Mission, Vision & Values Statement be tabled until a future meeting. This document will be given to the Advisory Council for its review and feedback in an effort to make it more reader friendly.

D. Code of Ethics

It was moved by Mr. Smith, seconded by Mr. Armstrong, to adopt the 2019 Code of Ethics, as presented. **MOTION CARRIED**

E. Agency Written CARF Board Statements

Ms. Measel-Morris stated that these Work Plans are required by CARF for accreditation. These Work Plans are: Legal Requirements & By-Laws, Risk Management, Accessibility, Rights of Persons Served, Technology, Human Resource Management, Cultural Competency/Diversity, Health & Safety, Financial Planning & Management, Marketing Code of Ethics and new this year is “Addressing Behavior Concerns Involving Individuals Receiving CMH Services.”

It was moved by Mr. Armstrong, seconded by Ms. Partipilo, to adopt the 2019 Agency Written CARF Board Statements, as presented. **MOTION CARRIED**

F. Region 10 PIHP/St. Clair CMH Medicaid Contract FY 19 Amendment #2

Ms. Pingitore provided an overview of the changes in the areas of: Sentinel Events; Report Section – 3 have been added and 2 removed; Delegation Agreement was updated based on the Coordination of Care modifications. Ms. Smith noted that the Sentinel Event section it reads “Coroner’s” report and current terminology is “Medical Examiner.” Ms. Johnson stated that this MDHHS language and will make them aware of the change.

It was moved by Ms. Partipilo, seconded by Mr. Essian, to approve the Region 10 PIHP/St. Clair CMH Medicaid Contract FY 19 Amendment #2, as presented. **MOTION CARRIED**

G. Beacon Specialized Living Services, Inc., Contract Amendment #2

Ms. Measel-Morris advised the Board that the purpose of amending the contract with Beacon Specialized Living Services is to accommodate a new placement at its Beacon Home at Lake Orion. This is for an individual who is being released from Kalamazoo State Hospital which will result in an increase in its budget due to the new rate.

It was moved by Ms. Jowett-Lee, seconded by Ms. Ames, to approve the Beacon Specialized Living Services, Inc., Contract Amendment #2, as presented.

Discussion:

Ms. Bligh questioned if we had checks and balances in places for individuals while they are in these homes. What raised the question was a news report she saw where adults from another state talked about how they were abused as kids while in a home. Do we have a process in place so that we physically see that child or adult, not just physically see the facility.

Ms. Delor stated that this has been an area of discussion in the rights community. She stated that if an individual suffers an abuse or neglect that information is kept in the county of which that individual resides; there is not a state-wide data abuse so that this information could be shared. Our Recipient Rights Advisory Committee has been working on this for the past two years. The issue that is keeping this from moving forward is that there is no due process; no process in place for the perpetrator to appeal the charge.

Ms. Johnson stated that yes we do have a process in place to physically see the individual and the treatment team at the facility. We are also asking for copies of all the reviews (e.g. licensing study, recertification, etc.) that have been conducted on the facilities of which we have individuals that reside for our records.

MOTION CARRIED

IX. INFORMATIONAL ITEMS

A. Recipient Rights Advisory Committee Meeting – T. Delor

The Recipient Rights Advisory Committee held in March. Areas highlighted by Ms. Delor included:

Aggregate Complaint Data Report: From the period of November 16, 2018 through February 27, 2018 the Office of Recipient Rights received 30 complaints consisting of 36 allegations. In addition, they completed 26 previously pending complaints consisting of 40 allegations. The results were: No Right Involved Allegations – 0; No Substantiated Allegations – 25; Outside Provider Jurisdiction Allegations – 2; Pending Allegations – 20; Substantiated Allegations – 31. Ms. Delor stated that she will share a very detailed report is provided to the Recipient Rights Advisory Committee with the Board instead of her verbal report at a future meeting. This information is shared with the Board at the end of the year in the Recipient Rights Office Annual Report.

Annual Monitoring Form: This report is due on an annual basis to the Department by January 31st; we submitted ours on January 8, 2019. This report is also part of the MDHHS-ORR Triennial Assessment. Ms. Delor highlighted the different areas addressed within the report.

Membership Review: One member decided not to renew their membership therefore the RRAC membership is at nine members.

RRAC Goal Review: The RRAC has three goals; one has been completed and the other two are being worked on. Completed was the goal that addressed the RRAC creating and implementing a three-year review schedule of all Recipient Rights policies.

Rights Champion Awards Program: The RRAC voted Ms. Latina Cates and Rights Champion of the Year and the Residential Services Response Team as the Rights Champion Team of the Year. They will be recognized at the May Annual Awards Recognition Event.

Recipient Rights Staff Update: Ms. Sandy O’Neill has been hired part-time as a Recipient Rights Advisor and Ms. Tracy Goyette was promoted to the position of Recipient Rights Technician and is split with the CCBCH/Community Relations offices.

Next Recipient Rights Advisory Committee Meeting: June 4, 2019.

B. February Year-to-Date Funding Bucket Report & Financial Statement – K. Farr

Ms. Farr reported the following:

- Year-to-Date Expenditures are running approximately \$128,000 under budget for the period of - October 1, 2018 through February 28, 2019.
- Payroll costs are running approximately \$75,000 over budget due to the Union negotiated wage adjustment in contract ratification. The gross payroll expense of the wage adjustment was approximately \$450,000 and was not included in the original budget.
- Contractual costs are running approximately \$239,000 over budget mainly in the Medical and Autism departments. The Actual Contracted Physicians department is running \$193,000 over budget while the Physician’s Payroll costs running \$69,000 under budget. Net deficit of \$124,000.
- Residential, Supported Housing and Self Determination are running \$361,000 under budget.
- Contract Agencies are running approximately \$320,000 under budget.
- Contracted Outpatient expenditures are running \$63,000 under budget.
- Medical Equipment is running approximately \$41,000 over budget. Hospitals are running approximately \$337,000 over budget and the need to use other higher cost hospitals.

- Technology, Software, Network expenditures and building related expenditures are collectively running approximately \$76,000 under budget.

Region 10 PIHP Contract Funding:

- YTD Medicaid expenditures are running approximately \$637,000 under the FY 19 budget, with a YTD surplus of \$1,081,000.
- YTD Healthy Michigan Expenditures are running approximately \$454,000 over the FY 19 budget. This is due to an increase in Healthy Michigan individuals we are serving. We have looked into the increase and found that they are all legitimate Healthy Michigan individuals; no one should be straight Medicaid. As such we have a YTD deficit of approximately \$881,000.
- The Total YTD Net Surplus due to Region 10 PIHP funding is approximately \$200,000.

General Fund:

- YTD Expenditures are running approximately \$287,000 over the FY 19 budget with a YTD deficit of approximately \$152,000. It has been running consistently \$60-\$61,000 and took a significant increase this past month. In looking into this, it was discovered the issue was with the tool in the workbook and how it was spreading the cost with those associated with those individuals with a spenddown; this is being corrected leaving a \$70,000 correction.
- A mid-year report is due to the State in May and we will have to determine at that time if we will request a 236 Transfer.

Financial Statement will be set to the Board via e-mail, it was accidentally omitted from being copied for tonight's meeting. Ms. Farr stated that she has no concerns. The current net assets is sufficient to cover our liabilities.

C. St. Clair Operations – D. Johnson

Ms. Gallagher is on vacation therefore Ms. Johnson is provider the St. Clair Operations Report.

1. ABA Advocacy Efforts

Provided to the Board was a draft document that will be submitted to the Board Association addressing the inadequacy of Autism reimbursement rates. One area in the report states “as a result of reimbursement rates being below market rates the CMHA reports that for FY 17 the total cost for services incurred by Michigan providers for ABA services was \$119,253,961 while the funding provided under the fee screen reimbursement rates was only \$88,425,228 leaving a shortfall of \$30,828,733. Fee screen rates were reduced even more for FY 18.” For our County for FY 17, our services totaled almost \$1.6 million and our reimbursement was \$1.25 million and 78% was spend on direct services.

For FY 18 our cost was \$1.7 million and 66% spent in direct services. Based on the existing fee screen reimbursement rate SCCCMH received only \$1,109,793 creating a shortfall of \$593,147. In looking at the rate the State is providing how us, Ms. Johnson asked Ms. Farr to figure out how much we could pay in wages to the new behavior technician rates... the hourly wage is only \$7.16 per hour! This is \$2.09 below the minimum wage and is incompatible with the level of skill needed. The reason our cost is higher is because we do meet the fidelity standards to the model, we provide a lot of training (335 hours of training). We have also included testimonials from staff and parents.

One area Ms. Johnson would like feedback is in regards to capping the age eligibility for the program. Should the bulk of the funding be spent on young children versus older? Scientific literature supports that belief that early and intensive intervention can yield significant improvements in IQ. Initially the age for services was to those children up to 5 years of age and now has been expanded to 21 years of age with no additional funding. Although you hate to eliminate services to older children who have never had them before. Ms. Johnson suggested that the Cap Age Eligibility be eliminated at this time and the Board agreed.

2. HomeFront Strong

SCCCMH is being HomeFront Strong in-person groups to St. Clair County. This is an 8 week resiliency group for spouses of service members and post 9/11 veterans.

For individuals who are interested in working with military families and veterans this training is being offered through the University of Michigan. There is an intensive two-day training being held on April 24 and April 25 from 9 am to 4 pm here at CMH for individuals working with military families. You must attend both days of training. It will provide participants with evidenced-based, practical strategies for working with military and veteran families in promoting resilience and positive mental health. Ms. Wendy Martindale, our Veteran's Navigator, is conducting the training.

3. Employee & Team of the Month: February

Tricia Gapshe was selected as the Employee of the Month for February. She has proven several times the difference a case manager can have on the lives of individuals we serve. An example of this is recently was an individual who was homeless and moving to Tennessee with minimal notice and preparation, Tricia was able to assist the individual in linking him to medication refills, appropriate clothing and endeavored to coordinate services with social service agencies. Even after his departure she continued to provide significant support. Without her commitment and persistence the experience for this individual may have been catastrophic.

CCBHC Implementation Team was selected as the Team of the Month. Through the work of these individuals (Tracy Pingitore, Michelle Measel-Morris, Karen Zultak, Kathleen Gallagher, Bill Slusher, Heidi Fogarty, Tracy Goyette, Cathi Slusher, Karen Bauer, Tracy Duncan, Karen Farr and Deb Johnson) we were able to receive the CCBHC Project grant of \$2,000,000 per year for 2019 and 2020. They achieved this grant as a result of hundreds of hours of work over many months. It is for their superior teamwork, tireless dedication and positive attitude that they were chosen for the Team of the Month.

4. Other

- A Woman's Expo is being planned for May 1st from 2:30 – 4:00 pm here at CMH and is being coordinated by Ms. Deb Kokoszka, a clinician here at CMH. She conducts a Woman's Wellness Group for the past four years. Speakers include Mara McCalmon who will be talking about Trauma and another woman will be talking about sexual abuse and domestic violence.
- Residential Update: The residents at Charmwood have moved in. Work on the Lincoln House II will get underway shortly.
- April is Autism Awareness Month. Today is national Autism Awareness Day... "Light it Up Blue!"

D. Region 10 PIHP Update – N. Thomson

A draft of the Region 10 PIHP Board Meeting minutes of the March 15, 2019 are provided for your information.

Steve Armstrong left at 7:20 pm

E. Community Education/Public Relations & Upcoming Trainings – D. Johnson

Provided was the Community Relations Activity Report for the month of March. Highlights included: Facebook “Likes” have increased by 101 this month. The post with the highest reach: “Starting May 1st, CMH is starting an LGBTQ Support Group for youth...” reach of 16,400 people.

Upcoming events included: MCNP Empty Bowl is this Thursday, April 4th; Run for Recovery is Saturday, May 11th and our Annual Awards Recognition is Tuesday, May 7th at Alexander’s Banquet Facility.

F. Community Mental Health Association Business

1. Weekly Update

Ms. Johnson pointed out that the “St. Clair CMH Announced E-race Stigma 5K” is not our race. It is a race that is being held in Adrian, Michigan. We have notified the Board Association of the error and the provided them with the correct information for our “Run for Recovery” race.

Spring Conference will be held June 11-12, 2019 in Novi.

2. A Vision for a World-Class Public Mental Health System in Michigan

This is a PowerPoint put together by the Board Association with input from the CMH directors to educate lawmakers on the level of funding needed for Michigan to stay at the forefront of the mental health system.

3. Quality Indicators Infographic

This is a quick overview of Michigan’s Public Health System noting the number of individual served, maintaining the highest standards, improving the client experience and treatment for substance use disorders.

4. CMH PAC Campaign

The Board Association’s CMH PAC Campaign is underway. Board members are encouraged to contribute at least one per diem to the Campaign. If at least 6 Board members contribute we will be eligible for the drawing to win a suite at an upcoming Tiger’s game. Funds collected are used to educate the new lawmakers of the needs of the mental health system that came to Lansing – 75 new House and Senate members began on January 1st!

XI. DIRECTOR'S REPORT – D. Johnson

A. In the Know – March Edition

Provided for information was the March Edition of the “In the Know” newsletter that is created to help keep staff and contract agencies informed of happenings with the Agency.

B. Spravato Clinic

At a future meeting Ms. Johnson stated that she will have Dr. Saeed present on this new undertaking by our Agency. Spravato is a new drug for the treatment of severe depression. It is a nasal mist that will be administered here and must be under observation for two hours. Overall the research supports this is a great treatment for those who have failed on two or more alternate drugs. There are a lot of protocols that must be in place prior to its use. Dr. Saeed as well as the pharmacist has to be enrolled to administer this drug.

C. Zero Suicide Initiative

Dr. Saeed has also been lead on the Zero Suicide Initiative; this is a national initiative. We did conduct an Agency wide survey on how well staff thought we were addressing suicide; the results are being tabulated. The first phase was the organizational assessment. We also have a Zero Suicide Implementation Team. We need key stakeholders on this team and have asked reached out to individuals through the CSCB.

D. National Conference Report

Several staff attended the National Conference in Nashville, Tennessee. There were several good sessions; one of which was on the drug court. Our local judicial system will be implementing a drug court...there are a number of them throughout the country. This is not only for drugs but alcohol as well. Our court will be called a “Recovery Court.” Judge Monaghan will oversee the court. They are in the process of submitting a grant through the State Court Administrator Program.

E. Past Board Member

Ida Basinski, former and original member of the CMH Board passed away at the age of 92. She was very active within the Board Association. She was an educator downriver...you might have seen a billboard with the a school house that read “Ida Says...”

XII. BOARD FORUM

A. Board Member Profile – N. Thomson

We are required by the Department to have the Board Member Profile completed on an annual basis to ensure compliance with the Mental Health Code with regards to Board composition. Board members were asked to complete and return to Lori Gauthier.

B. Advisory Council Meeting Minutes (02/27/19) – N. Thomson

Provide for information were the minutes from the February 27th Advisory Council Meeting.

XIII. ANY OTHER BUSINESS TO PROPERLY COME BEFORE THE BOARD

Ms. Bligh asked for an update on the company car/mileage situation. Ms. Johnson stated that staff did look into the mileage of the two staff members in question. We are still working on it. Three/four new vehicles have been ordered and should be here by the end of the month. We are also monitoring the vehicle location through GPS monitors. Ms. Bligh stated that we need to highly discourage staff members from driving their personal vehicles. Ms. Johnson stated that there is a scheduling process in place. Our priority for vehicle usage is those who are transporting individuals we serve due to the liability. We have required that staff must provide documentation that no vehicle was available when they requested in order to obtain reimbursement. We also require staff to provide proof of insurance to us if they are using their car for Agency business and to ensure they have adequate coverage for business purposes. Ms. Johnson offered to meet with Ms. Bligh to discuss this further if needed. She also stated that we will look further into this and report back.

XIV. ADJOURNMENT

It was moved by Mr. Paulus, seconded by Mr. Essian, to adjourn. MOTION CARRIED With no further business to discuss the meeting was adjourned at 7:55 pm.

Respectfully submitted,

Lori Ballor-Gauthier
Recording Secretary