

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY  
3111 Electric Avenue  
Port Huron, Michigan 48060

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GROUP MEETING: SCC Community Mental Health Board

SUBJECT: Regular Meeting

PLACE: St. Clair County Community Mental Health  
3111 Electric Avenue, Port Huron

DATE: January 15, 2019

TIME: 6:00 p.m.

PRESIDING: Edwin J. Priemer, Chairman

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PRESENT: S. Armstrong, L. Ames, J. Bligh, J. Jowett-Lee, M. Paulus, E. Priemer,  
E. Rieves, M. Partipilo, M. Smith, N. Thomson

CALL IN: No one

ABSENT: A. Essian, S. White

ALSO PRESENT: Staff: D. Johnson, T. Pingitore, K. Farr, K. Gallagher, M. Measel-Morris, M.  
Cameron

I. CALL TO ORDER

The meeting was called to order at 6:00 p.m. by Chairman Priemer.

II. CITIZENS WISHING TO ADDRESS THE BOARD

There were no citizens wishing to address the Board

III. SPECIAL PRESENTATION: CCBHC Grant (Presentation / Infographic)

Ms. Johnson gave a brief overview of the Certified Community Behavioral Health Clinic (CCBHC) Grant. When CMH was preparing for the first round of becoming a CCBHC, Michigan was denied/not selected to become a demonstration state. However they have offered an Expansion Grant that CMH has been granted to participate in. This started December 31, 2018. At the upcoming conference we will work to make connections with some of the other counties that were awarded the CCBHC Grant. The target populations to provide behavioral health and SUD services to anyone that seeks help. We anticipate about a 25% increase in individuals served which would equate to an additional 335 adults and 226 youths. This is expected to happen gradually over the next few years. The grant is only to serve adults with mental illness, children with severe emotional disturbances, adults with substance use disorder and co-occurring disorder. The grant money is not for individuals with intellectual or developmental disabilities. Our goal is to continue to provide quality evidence-based practices with highly trained staff to ensure effective outcomes and high

customer satisfaction. We want to enhance interagency collaboration and community education in order to improve knowledge about services and when to seek treatment. Also, develop and implement plans for sustainability to ensure service continuation for all individuals receiving services. There are ten required services, all CCBHC's have to provide: 24-Hour Mobile Crisis Team; Person-Centered Planning; ACT Team; Psychiatric Rehabilitation; Outpatient MH and SUD; Screening Assessment and Diagnosis; Peer Supports; Targeted Case Management; Primary (physical) Care and Veteran Services. Services can be provided by CMH or a Designated Collaborative Organizations (DCO). The two Designated Collaborative Organizations are People's Clinic for Better Health and Blue Water Clubhouse. We can expand services to members of the armed forces who are active and veterans. There will be 6 new Evidence – Based Practices we will be implementing: Medication Assisted Treatment – for SUD; Motivational Enhancement Therapy; Opioid Treatment Program; Interactive Journaling; Adolescent Community Enforcement Approach and Trauma Sensitive Yoga. We will not provide a Methadone Clinic.

Next steps is to submit our readiness to become a CCBHC to SAMSHA by April 1, 2019. On May 1, 2019 we will begin to provide CCBHC services. The Medical Director here at CMH, Dr. Saeed, is very supportive of us becoming a CCBHC and created a PowerPoint which outlined his vision regarding the clinical direction of this grant. Ms. Johnson may ask him to present this in the future. Also with this grant we will be allowed to serve anyone including those with private insurance such as BCBS. This would be adults with mental illness, children with severe emotional disturbances, and adults with substance use disorder and / or co-occurring disorder. We will develop sliding fee scale for services to accommodate those with copay issues.

We will looking to hire either psychiatrists or 2 psychiatric nurse practitioner, increase our number of staff that are CAADC or CADC certified, increase our number of recovery coaches and begin to provide Intensive Outpatient Therapy. We will hire Community Outreach Coordinators. We will increase Health and Wellness classes and have our Mobile Crisis Units in all three zones of St. Clair County. Currently our Mobile Crisis Team is housed here in Port Huron but we plan to have teams in Marine City and Capac to meet the time requirement of CCBHC. We will continue with training in Motivational Interviewing and Cognitive Behavioral Therapy. There will need to be space to house approximately 35 new staff. We can also offer a detox clinic. Dr. Saeed is very optimistic as he feels confident that many people can detox at home if they have the proper support needed and do not have any other serious medical conditions. Ms. Measel-Morris contacted PCE for the electronic health record to work out a standalone record. This grant will bring in up to 2 million a year for the next two years.

IV. AGENDA CHANGES – Add: Closed Session

Closed Session

It was moved by Mr. Rieves, seconded by Ms. Thomson, to move into Closed Session. **MOTION CARRIED**

The Board moved into Closed Session at 6:20 pm.

It was moved by Ms. Thomson, seconded by Ms. Jowett-Lee, to resume into Regular Session. **MOTION CARRIED**

The Board resumed into Regular Session at 6:38 pm.

V. PRESENTATION OF PREVIOUS MEETING MINUTES

It was moved by Mr. Armstrong, seconded by Mr. Rieves, to approve the minutes of the December 4, 2018 CMH Board Meeting, as presented. **MOTION CARRIED**

VI. PRESENTATION OF NOVEMBER RECEIPTS/DISBURSEMENTS & ELECTRONIC TRANSFERS

It was moved by Ms. Jowett-Lee, seconded by Ms. Thomson, to approve the November Receipts / Disbursements and Electronic Transfers report, as presented. **MOTION CARRIED**

VII. PRESENTATION OF BILLS TO BE PAID

It was moved by Ms. Jowett-Lee, seconded by Mr. Rieves, to approve the Bills to be Paid in the amount of \$2,256,117.03, as presented. **MOTION CARRIED**

VIII. ITEMS FOR ACTION

A. Beacon Specialized Living Services, Inc. Contract

Ms. Michelle Measel Morris presented a new contract with Beacon Specialized Living Services, Inc. This is for an individual that was released from jail. He was placed there on December 20, 2018. We have a draft agreement in place but this is to formalize the contract. The placement is in Stanton, Michigan.

It was moved by Ms. Partipilo, seconded by Mr. Smith, to approve the Beacon Specialized Living Services, Inc., as presented. **MOTION CARRIED**

IX. INFORMATION ITEMS

A. Finance

1. November 2018 Funding Bucket Report:

Ms. Farr gave the two month funding bucket report for 2019. Currently we are running very close to budget. Total expenditures are about \$8000 under budget in total. Our payroll cost are running about \$120,000 under budget in the Medical department. Contractual costs are approximately \$73,000 over budget mainly in the Medical department. Residential and Self Determination are running approximately \$28,000 over budget and Hospitals are running approximately \$168,000 over budget. There are no concerns with our Region 10/ PIHP funding. Our Medicaid surplus is about \$273,000 to cover our year to date Healthy Michigan deficit of \$27,000. There is a slight concern with the General Fund. We are watching this very closely. The jail services are coming in high and we are watching spenddown cost and veteran's services cost. We are working with our veteran's navigator to make sure the veterans that are coming in for services complete a Medicaid application if they are eligible. We are monitoring the General Fund on a case by case basis. Ms. Bligh asked if the general

funds would eradicate itself with the CCBHC grant. Ms. Farr responded we want to get a handle on what is being spent by the General Fund dollars. Ms. Gallagher stated the CCBHC will definitely help with the veterans but what it won't help is with the DD population's spenddown.

B. St. Clair Operations Update

1. Employee and Team of the Month: October & November 2018:
  - a. Ms. Gallagher stated that Ms. Adrienne Luckenbacher was our October Employee of the Month. Ms. Luckenbacher and Ms. Amy Smith offer law enforcement trainings to work collaboratively with the police in the area. Because of that training a local police officer came to CMH to request help from staff to assist an individual in the community the officer believed would benefit from CMH services and avoid incarceration.
  - b. Team of the Month for October was Mr. Larry Hyde and Mr. Tim Frantz. They have had some major projects. One of the projects was in this building and they also managed projects and service requests at our contracted group homes and we have received a lot of positive comments from group home supervisors.
  - c. Employee of the month for November was Ms. Ann Sherlinck. She went above and beyond for a person with a substance abuse disorder who has difficulty with communicating appropriately with others, a problem that sometimes manifested itself in aggressive verbal behavior impedes his ability to maintain treatment. Her interactions with this individual enabled a positive and workable solution. Thanks to her dedication this individual has an opportunity to advance in their recovery.
  - d. Team of the Month for November was an ad-hoc team consisting of the Mobile Crisis Unit, Pete Frontiero and Andrea Velez. There was a case of a pregnant mother who was located out West whose pregnancy was high risk as well as her unborn baby was at high risk. The team worked together over a three week period to provide critical services and supports to help her to get through to delivery.

C. Support Services

1. Performance Indicator Annual Report:
  - a. Annual Program Performance Indicators Summary  
Ms. Measel Morris stated the Summary Report shows the total number of Indicators and how various Contract Agency met per quarter those Indicators.
  - b. Program Performance Indicators Table Summary  
The Program Performance Indicators Table Summary is compiled quarterly, it was combined for the year of 2018 for the Boards review.
2. Policies Currently Out for Review:

There were a couple of updates such as the Advisory Council acronym, minor changes were made in that particular policy. Purchasing Equipment and Services with Costs Greater than \$5,000 had no recommended changes to that policy. The third is the Charitable Fund Accounts, this had minor changes throughout the policy.

D. Region 10 Update

1. Region 10 Board Meeting (11/16/18):

There are Region 10 Board Meeting minutes for November for review today. Before this meeting they were draft however they have since been approved. The December meeting we did the evaluation of the CEO which went well. There was quite a bit of conversation regarding replacement of the CFO. The process is to continue contracting with Rehmann Group to continue to provide the CFO duties. Region 10 is looking for a new CFO to bring up the skills of some of the employees who are currently in the organization to take on more responsibility.

E. Community Education / Public Relations & Upcoming Trainings

Ms. Johnson reported on December activities. The Facebook “likes” is up to 1600 “likes” but the Sail In is only at 369 “likes” so she asks if you haven’t liked the Sail In ‘please consider going on Facebook and doing that.

Ms. Johnson highlighted upcoming events and stated that we continue to do a lot of Mental Health First Aid Training with Ms. Adrienne Luckenbacher who is our lead and primary trainer. Ms. Luckenbacher has been doing a lot of marketing for this.

Ms. Mara McCalmon (Skinner) will be telling her story on March 14<sup>th</sup>, this will be an educational event presented by our Board Member Ms. Julie Jowett-Lee at the MOC Building. There will be two trainings; one day time training targeted for professionals with CEU’s attached and an evening training for the public. Ms. McCalmon wanted to educate our community on how the trauma of a crime impacts not just on the victim but their family, friends and community as a whole. CMH partnered with Thumb Coast Counseling, Yale Schools, P.S. You’re My Hero, SCC Child Abuse and Neglect Council and the SCC Prosecutors Office and Victims’ Rights Office.

Ms. Johnson reminded the Board that the “Run for Recovery” will be in May. Ms. Johnson reported that the Blue Water Recovery (i.e. BW Rock Organization) is a new 501C3 that was started by Vision Quest, is also holding a “Run for Recovery” in June. CMH has reached out to BW Rock Organization to try to have them change the name of their run as this has been the name of our run for the last 10 years.

F. Community Mental Health Association (CMHA) Business

1. Weekly Update

Ms. Johnson said the Weekly Update is available for review. She mentioned that CMS did approve the Healthy Michigan Plan waiver for another 5 years. There are changes to the waiver that will go into effect in 2020 to the Healthy Michigan Medicaid Expansion Program. The changes will include an increase in cost sharing for recipients and the continued commitment to healthy behaviors and the work requirement. Ms. Johnson noted she noticed that they brought back the National Health Service Corp Repayment Program application process and we will look into this again. This is a program that they will reimburse for tuition up to \$50,000 for eligible disciplines. The Senate Committees were all selected and the Senate Committee Chairs and Legislature.

2. Winter Conference (2/4/19)

Ms. Johnson noted that the full conference brochure for the Winter Conference is available for review. If any Board members are going please let Lori Gauthier or Marcy Cameron know.

X. DIRECTOR'S REPORT

A. "In the Know" Newsletter – January edition

The "In the Know" has many items such as the CCBHC we were awarded and a notice that the Union Contracts were ratified. Ms. Johnson highlighted that the new website has been completely revamped and we have added an advocacy alert button among many other things. If you have feedback on the Website please let us know.

During our Staff In-service in December and, employees who are Peer Supports shared their recovery journeys and how supported they felt receiving services at CMH. They talked about still feeling supported at CMH and how they enjoy working here. They have all been in recovery for years now and it was so inspirational and impressive to hear their stories and we received great feedback from staff.

Ms. Johnson also extended a thanks to those that helped contribute money to the Giving Tree (over 500 wishes were granted) or to buy groceries bags filled with food (82 families were given food) for those in need during the holidays. Mid-City Nutrition is pairing up with United Way of SCC to help those employees affected by the Government Shut Down by gathering food, help pay co-pays and a variety of other ways.

B. Rights Champion Newsletter – January Edition

The November Team that was selected as the Award Recipients was Residential Services for Teamwork. Ms. Delor is in need of help with the Recipient Rights Office and has been approved to hire additional help. With the CCBHC coming this will bring more work as well.

C. New MDHHS Director

The New Director of MDHHS is Robert Gordon who is a veteran of the Obama Administration and is also the CFO of the College Board which is the entity that issues the SAT. Mr. Armstrong asked if the Board Association reached out to Governor Whitmer about where her stance is. Ms. Johnson responded she is sure they have and will with other key department staff with all the changes that have occurred.

XI. BOARD FORUM

A. Advisory Council Meeting Minutes (11/28/18)

Chairman Priemer noted that the Advisory Council Meeting Minutes from 11-28-2018 is available for review. He asked Ms. Partipilo if she had anything to add and she did not.

B. Annual Awards Recognition:

1. Committee Appointments:

Chairman Priemer stated that he would like to reappoint the same committee as last year for the Annual Awards Recognition. This years' (2019) Committee Appointments will be Ms. Jowett-Lee, Ms. Partipilo, and Mr. Rieves. If anyone else wants to join the group you are more than welcomed. The Annual Meeting is on May 7<sup>th</sup>. Ms. Johnson said they are also in the process of deciding who should be getting the Communication Award, Media Award, Organization Award and if anyone has thoughts on that to let her know. She will bring recommendations back to the Award Recognition Committee. Chairman Priemer stated that Ms. Gauthier will contact them to arrange a time to meet.

2. Writing Contest Judges:

Ms. Johnson stated that the Annual Anti Stigma Writing Contest ends January 25<sup>th</sup> and we vote on a winner shortly thereafter. We are in need of judges. We then publish the winning writing piece and the winner is presented at the Annual Awards Recognition dinner. Please let Ms. Gauthier or Ms. Cameron know if you are interested.

XII. ANY OTHER BUSINESS TO PROPERLY COME BEFORE THE BOARD

Ms. Thomson asked if we could possibly record some of our trainings, the schools has an I.T. Department that could record the trainings. This way a person who may need that information who was hired after the training can watch the video. Ms. Johnson noted that we ask the trainers often and sometimes we aren't granted the permission to record. We also don't have the proper video equipment to do that unless we pay someone. It was suggested to check with RESA.

Ms. Bligh had a question regarding our Board calendar. The months of July and September our meeting date is very near a holiday. Ms. Johnson responded that we will change those dates to the following Tuesday. So July 9<sup>th</sup> and September 10<sup>th</sup> are rescheduled dates.

Chairman Priemer asked for a motion to accept the change of meeting dates for July and September.

It was moved by Mr. Armstrong, seconded by Mr. Rieves, to change the meeting dates for July and September to July 9, 2019 and September 10, 2019, as presented. **MOTION CARRIED**

Chairman Priemer reminded the Board that the next Board Meeting is February 12th because of the Board Conference.

XIII. ADJOURNMENT

It was moved by Mr. Rieves, seconded by Mr. Armstrong, to adjourn. **MOTION CARRIED.** With no further business to discuss the meeting was adjourned at 7:30 pm.

Respectfully submitted,

Marcella Cameron  
Recording Secretary