



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Event Open to the Public



7TH ANNUAL BREASTFEEDING CELEBRATION DAY

MONDAY, AUGUST 22
2:00PM - 6:00PM

**JOIN US FOR A FUN NIGHT!
FEATURING:**

- View demos using WIC approved foods in healthy recipes
- Sample nutritious-tasty foods
- Learn food preservation methods like canning and freezing
- Take part in Fun Zone for kids
- Meet with breastfeeding specialist, peer counselor and dietitian
- Ask about mental health services and wellness resources
- Consult with a car seat technician
- Win valuable prizes
- Tour the YMCA to learn about programs and financial assistance
- Visit other great vendors and more!

WINNER
Chances to win
FREE YMCA
Family Membership
for 1-Month!

FOR MORE INFO: (810) 987-8222

This Institution is an Equal Opportunity Provider.



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**St. Clair County
Community Mental Health**
*Promoting Discovery & Recovery Opportunities
for Healthy Minds & Bodies*

MICHIGAN STATE UNIVERSITY | Extension