

ST. CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
3111 Electric Avenue
Port Huron, Michigan 48060

GROUP MEETING: SCC Community Mental Health Board
SUBJECT: Regular Meeting
PLACE: St. Clair County Community Mental Health
3111 Electric Avenue, Port Huron
DATE: February 20, 2018
TIME: 6:00 p.m.
PRESIDING: Edwin J. Priemer, Chairman

PRESENT: L. Ames, S. Armstrong, J. Bligh, J. Jowett-Lee, E. Priemer, E. Rieves, M. Serafin, M. Smith, N. Thomson, S. White
CALL IN: No one
ABSENT: V. Lock, One Board Vacancy
ALSO PRESENT: Guest(s): Renae Kiehler, Innovative Housing
Staff: D. Johnson, K. Farr, K. Gallagher, M. Measel-Morris, M. Cameron

I. CALL TO ORDER

The meeting was called to order at 6:00 p.m. by Chairman Priemer. Chairman Priemer welcomed new Board member Mr. Mike Smith.

II. CITIZENS WISHING TO ADDRESS THE BOARD - None

III. AGENDA CHANGES – None

IV. PRESENTATION OF PREVIOUS MEETING MINUTES

It was moved by Mr. Rieves, seconded by Ms. Jowett-Lee, to approve the minutes of the January 16, 2018 CMH Board Meeting, as presented. **MOTION CARRIED**

V. PRESENTATION OF JANUARY RECEIPTS/DISBURSEMENTS & ELECTRONIC TRANSFERS

It was moved by Ms. Serafin, seconded by Ms. Thomson, to approve the January Receipts / Disbursements and Electronic Transfers, as presented. **MOTION CARRIED**

VI. PRESENTATION OF BILLS TO BE PAID

It was moved by Ms. Jowett-Lee, seconded by Ms. Thomson to approve the Bills to be Paid in the amount of \$120,334.66 as presented. **MOTION CARRIED**

VII. ITEMS FOR ACTION

A. MDHHS Annual Submission Requirements

It was moved by moved by Mr. Rieves, seconded by Ms. Thomson, to approve the MDHHS Annual Submission Requirements as presented. **MOTION CARRIED**

VIII. INFORMATIONAL ITEMS

A. December Finance Reports – K. Farr

1. Funding Bucket Report

Ms. Farr stated that the Income Statement by Fund Source – Compared to Budget is for the 3 month period of October 1, 2017 – December 31, 2017. It reflects Region 10 PIHP Funding with Medicaid, Healthy MI Plan and Autism. It also reflects St. Clair CMHSP Funding for the General Fund, SED Waiver, Children’s Waiver, Earned Contracts, COFRS and Local and Other Revenue. The Year to Date total expenditures are running \$243,646 under budget. There was approximately \$242,000 of lapse in vacant positions costs and the external provided service costs are running approximately \$86,500 over budget. We will continue to monitor the expenditures throughout the year. At this point we are still working with the original budget; however our plan is to bring to you a revised budget in March that will reflect the direct care worker increase and residential rate changes. We have a slight surplus YTD in Medicaid, Health Michigan Plan and Autism. The first quarter is hard to judge what will happen for the rest of the year so we will keep watching our budget and updating the report.

2. Community Foundation: CMH Fund Statement / Special Fund Update

Ms. Farr explained that CMH decided to open an endowment account in June of 2016 with a deposit of \$100,000 from our local fund balance. Of that \$100,000 balance, \$50,000 is “Available Spendable Balance”. We submit a request to the Community Foundation Board and they allocate the funds to us. Since we started this fund 1½ years ago we have increased our balance by \$15,817. Most of the additions to this fund are from Employee Contributions through electronic payroll deduction but there are also some private individual’s that have donated. We initially set this endowment up in hopes that it will spark interest within the community by giving the option to donate to CMH through the Community Foundation. These funds are used for individuals that are in need of services that do not qualify for our funding resources. Mr. Smith asked if most of the gifts are from employees. Ms. Farr responded that employees do contribute through payroll deduction and there are also contributions from the community. Mr. Smith replied that it seems that a lot of money is being used to pay for fees through the Community Foundation and then there is a restriction of only having half of your own money available to be used. He inquired if going through a bank would be an option so all the funds are available and we could possibly get a better rate on the funds. Mr. Armstrong replied the fees are for marketing. The gains we get from being with the Community Foundation outweigh the fees. Ms. Farr stated when they first talked to the Community Foundation they said there is a lot of marketing materials Community Foundation provides that CMH would be a part of and it’s an easy way for the community to donate. Ms. Farr said any proceeds that come in should be given directly to the Community Foundation for our fund. The hope is being partnered with Community Foundation will allow us to reach people we wouldn’t normally reach as an agency.

Ms. Bligh asked if the increase visibility is our payoff ? Ms. Farr replied that Community Foundation cannot just give CMH a promo they market in many other ways. Ms. Farr pointed out that in addition to the investment income of \$1,511 we have Realized Gains of \$2,336 which exceeds the total expenses to date. Ms. Bligh inquired that there is no way of knowing if the exposure is paying off and it looks like CMH is not getting much of return. Ms. Johnson stated we have only been with them 1 ½ years so it’s too early to tell. Ms. Johnson and Ms. Farr will soon be meeting with Ms. Jackie Hanton from the Community Foundation

regarding marketing. Part of our money goes into the endowment for the Run for Recovery. This provides us coverage from them to promote the Run. Ms. Farr stated that she feels this is a long term investment that will realize gains over time and the longer it is with the Community Foundation the more exposure to the community. At this point we are making more money being with Community Foundation than if that money was in a bank. Ms. Johnson also stated that we were in the Community Foundation's Plan Giving Guide.

Ms. Farr also talked about the CMH special funds report regarding the various funds that support various causes for individuals we serve who do not qualify for any of our funding sources. This is something that employees contribute to and we also have private citizens that give money for special funds.

Ms. Thomson asked if Lifeline Funds was the most used. Ms. Farr stated that when we were being considered for the CCBHC, we weren't sure how much local balance was going to be needed to cover the CCBHC funding so we moved some funds to that particular fund in case we needed to use them. We closed the Scholarship Fund that we did not use and rolled the Scholarship Fund into the Lifeline Fund. There is a request process, if a need is identified a request needs to be filled out and submitted and then Management will approve or not. Ms. Bligh asked why is \$4,000 spent one month and \$35 the next month. Ms. Johnson stated expenditures fluctuate depending on need and that the \$35 is the result of an expenditure that is not covered under any funding and was needed that day.

B. Facility Update – Ms. Farr

1. Allen Road Home Search

Ms. Farr stated that Allen Road needs to be replaced because of the issues it has structurally and the location. We are working with a local relator who has set up on a local website and set criteria of our needs for a group home and once something comes up our facility supervisor will view the home. There are very few available at this point. Hopefully in spring will there be more homes available to look at. If we do find one, we will see what the potential cost is for renovating and compare that to buying a brand new home or building.

The same is true for the new Children's Crisis Residential Home that we were just awarded a grant for. We are looking into something similar to Allen Road however it has to meet the criteria that was established for the Children's Crisis Home.

2. New Group Home: MI Adults

CMH has identified a home for MI Adults through McLaren next door to the Lincoln Crisis Residential home on Lincoln Street. McLaren is willing to sell it to CMH for a dollar. Larry Hyde who is one of our facilities worker, is a fully licensed builder and will walk through the home to come up with a quote of what is needed and how much it will cost. We will then make a decision if it's worth the cost of renovating. If we do decide to proceed with the renovation Mr. Hyde will act as the general contractor and we will put out an RFI for the renovations. Chairman Priemer, asked if there would be issues having two homes next to each other. Ms. Johnson said there shouldn't be a problem the facilities supervisor checked into that. Ms. Farr said the only issue that came up is related to parking and they are already working on that.

C. St. Clair Operations Update – K. Gallagher

1. Children’s Block Grant: Children’s Crisis Project

Ms. Gallagher reported that SCCCMH did get the Children’s Block Grant for the Children’s Crisis Project. We are currently looking for a home that has 6 small bedrooms. We are also in the process of identifying experienced clinical staff. The home will house up to 6 kids who are 6 – 17 years of age with severe emotional disturbance. This home will help alleviate kids sitting in the ER for up to 10 days because there are no inpatient beds for them. Although we are advocating to get the rules changed in regards to physical intervention, currently staff cannot use physical intervention when needed in the home. That will restrict some of what we can do in the home but we will continue to work on that. Ms. Jowett-Lee asked if we should proceed with the home since physical intervention is not allowed. Ms. Gallagher said yes we are still going to go through with this and do our best. We feel that we have to try because of the consistent calls that a child is sitting in the ER needing a place to go. Ms. Johnson stated that we will do what is needed to keep the child safe. Ms. Gallagher also responded that we have a guarantee that if we need to pull out of this grant we can at any time. We were concerned because of the physical intervention issue. The state does have some revised language coming. Ms. Jowett-Lee asked if there is a time frame to getting the home. Ms. Gallagher thought April, there will be time needed for training.

2. Employee and Team of the Month: October, November, December 2017

October 2017 Employee of the Month is Mary Croteau. Ms. Croteau is a Nurse with us, there was a person receiving services who was sluggish and sleepy. Dr. Saeed requested their blood sugar level be checked. Ms. Croteau recognizing a potential serious medical situation remained with this person until the brother could arrive to take him to the hospital.

October 2017 Team of the Month is the Ad-Hoc Team. This team consists of Mike Brown, Ann Marie Daniels-Hillman, Ann Scherlinck, Michelle Nerkowski and Mike Wesch. This Ad-Hoc Team was nominated by Blue Water Developmental Housing. They assisted an individual to successfully leave care at Harbor Oaks Hospital. This individual refused discharge from Harbor Oaks Hospital for twenty-two days. They had a hard time placing him and this team was able to get this to work out with Scott Road Group Home. They took a picture of Scott Road to him to familiarize himself with where he was going, helped transport him and made sure everything went smoothly.

November 2017 Employee of the Month is Wendy Martindale. Ms. Martindale is our Veterans Navigator. She was able to get someone who is 71 years old VA Benefits, his family sent CMH a letter to tell us how grateful they are. She was nominated for exceeding the goals set by the Veterans Navigator Program of 20 for facilitating service proficient to 35. Ms. Martindale has done an excellent job with this and is out in the community all the time.

November 2017 Team of the Month is our Individual Placement Support staff; Ric Cottengim, Erika Rice, James Chapman. They had an individual having struggles at work. They wanted to try and help the individual keep the job. All three of them took turns working the job with this person, working as early as 7:00 a.m. to as late as 11:00 p.m. to help her get use to going to work and taking the bus.

December 2017 Employee of the Month is Manuel (Manny) Gonzales. Mr. Gonzales was assisting in a morning van run co-piloting, he noticed someone on the van was in distressed and needed the Heimlich maneuver and saved the person’s life. Mr. Gonzales did say because of the training he received from CMH he felt he was able to do that.

December 2017 Team of the Month is the OBRA / Probate Court Team; Melissa Nicholson, Jennifer Gibson, Jarrod Burgess, Dr. Stroker, Tracy Duncan, Courtney Paddock, Pat Parise and Linda Butler. OBRA is our services for nursing home. This team demonstrated genuine teamwork, completed all incomplete assessments and promptly completing new assessment. Mr. Burgess covered all of the Probate Court as Lead which greatly freed up the time of the OBRA clinicians to do their work.

D. Region 10 Update – E. Priemer

1. Board Meeting Minutes (01/19/2018)

Chairman Priemer stated the Region 10 Board Meeting Minutes for January 19, 2018 are in draft form however they are reflective of what happened in the meeting. The February meeting was cancelled which is why they are still draft.

2. Michigan Mission – Based Performance Indicator System 4th Quarter Report (July – September 2017)

Ms. Measel-Morris stated the Michigan Mission – Based Performance Indicator System 4th Quarter Report (July – September 2017) is something Region 10 compiles for us. This report walks you through each of the performance indicators that are required for each of the regions. There is quite a bit of data in here. It compares each of the performance numbers for the CMH's. The last page is the narrative of the results. We are looking to see if we met the indicator.

E. Annual Awards Recognition Committee Report – D. Johnson

Prior to the Board this evening, the Annual Awards Recognition Committee met. Listed below are the Committee recommendations:

Date:	Tuesday, May 1, 2018
Place:	Alexander's Premier Banquet Facility, Marysville
Time:	Social Hour 5:15 p.m. – Awards Recognition begins at 6:15 p.m.
Cost:	\$16 for the public
Community Service Award:	Marcia Haynes
Communication Award:	Mike Eckert from the Times Herald
Organization Award:	Blue Water Community Action
Employee of the Year:	Manuel Gonzales
Team of the Year:	Outpatient Staff

It was moved by Mr. Rieves, seconded by Ms. Serafin, to approve the Annual Awards Recognition Committee report, as presented. **MOTION CARRIED**

It was moved by Mr. Rieves, seconded by Ms. Serafin, to approve the recommended Annual Awards Recognition nominee's and the format for the Annual Recognition Awards, as presented. **MOTION CARRIED**

F. Community Education / Public Relations / Training List – D. Johnson

Ms. Johnson stated the Community Education/Public Relations/Training List is supplied once a month to the Board. This report is for December of 2017 and highlights paid media/sponsorships/advertisements, unpaid media, social media outreach, other activities and upcoming events/activities.

Ms. Johnson drew the Boards attention to Casual for a Cause. This year any employee interested in participate in wearing jeans needed to decide that at the beginning of the year and it would be pay roll deducted. In the past it was \$2.00 a Friday and people could pay cash. This was too much administrative time to monitor. However, an employee can opt out at any time. This report shows the funds Casual for a Cause is deposited into and how much is there.

Upcoming Events:

- Wellness Wednesday
- Empty Bowl event to support Mid-City Nutrition will be March 22nd. The cost is \$25 a ticket. The entry ticket entitles the barrier to a nice pottery bowl to take home made by local potters and you also get a soup meal and there will be silent auction items.
- St. Clair County Child Abuse and Neglect Council Dinner for Kids' Sake is Wednesday, April 11th at the Blue Water Convention Center. The CAN/Council is no longer having their Annual Awards luncheon. So the Community Child Advocated of the year and the Child Advocate of the year will be presented awards that night. If anyone has any ideas on either of those awards please let Ms. Johnson know. Tickets for this event are \$50.

The training list within the packet includes a few “staff only” trainings; Ms. Johnsons will provide an updated list at the next Board Meeting that includes all trainings that are open to the public. She reiterated that the Board is welcome to attend any of the trainings they are interested in here at CMH.

The High School Poster Contest posters to be voted on are downstairs and posted in the hallway this year. Voting can be conducted on-line or in person through February 28th. Ms. Johnson noted that we have already had over 1000 votes.

The writing contest judging will be March 22nd this week here at CMH.

G. Community Mental Health Association - D. Johnson

1. FridayFacts

Ms. Johnson mentioned that Robert Sheehan wrote an article regarding the need to boldly face the cause of gun violence and stop scapegoating those with mental illness. He talked about the mass shooting in Florida. Ms. Johnson stated she wrote to Channel 4 with her displeasure of how they stigmatized mental illness in name calling the gunman and relating the name to mental illness. It was completely inappropriate and politically incorrect. At the point of the reports there was no confirmed diagnosis of a mental illness. So instead of looking at why this may have happened they labeled the man and set the anti-stigma campaign way back from all the things we try to do with anti-stigma. The leading cause for people not to seek treatment continues to be the fear of being stigmatized.

2. PAC Campaign

The CMH PAC would like us to discuss the 2018 Annual PAC Campaign for the next 3 months. The CMH Pac is asking that we participate in funding the PAC Campaign These funds helps to support those that are supportive to us. This year 2018 will be a critical year for the Michigan Legislature; we will have a new Governor, Attorney General, Secretary of State, 28 of the 38 Senators will be replaced and 25 of the 35 House members will be replaced. This will require a lot of education for the new legislatures coming in. Last year we only collected \$14,000 from 182 people from 15 Boards. The healthcare plans spend that on a couple of events when they are lobbying for their cause. If we could get 100% of the Board and Management staff to participate we could win a suite at the Tigers game (12 tickets for a Tiger game).

3. Strategic Plan 2018 – 2023

The Strategic Plan is a 5 year plan for your review. If you have any questions Ms. Johnson would be happy to answer it. The Community Mental Health Association of Michigan supports its membership by information, education and training; they do that through conferences, Friday Facts, trainings. Bob Sheehan and Allen Bolter are lead on government relation/advocacy. They do a wonderful job at this and are continually advocating. They are also lead on policy analysis.

4. Winter Conference Feedback

- a. Jim Neubacher Media Award Nominations – If anyone has a recommendation from our region for this award, please let Ms. Johnson know. This document shows who were recipients in the past.
- b. Partners in Excellence Award Nominations - We have had winners from our community in the past for this award as well as the media award. If you have any thoughts on someone you would like to nominate Ms. Johnson offered to help write up the nomination. This would be presented at the fall conference.

5. Governor's Budget Presentation (2/7/18)

Ms. Johnson included the Governor's Maximizing Michigan's Momentum PowerPoint as she found it interesting that Michigan did improve a lot in terms of our economic standing, unemployment has fallen by 10%. Alan Bolter forwarded the CMHA's analysis of the Governor's Budget Presentation with regards to the FY 19 Executive Budget Proposal. The main topics of interest were the General Fund Line which has stayed flat for the last 3 years. Medicaid mental health services from FY 17 – FY 18 has decreased by twenty million dollars. It looks like they increased it by 50 million but that was a recommendation for FY 19. However, that is only an increase of 30 million over FY 17. Medicaid substance abuse has a significant increase of 16 million dollars and hopefully that will help with the opioid epidemic. The Presidents proposed budget for the country is an increase in funding for SUD through SAHMSA. There are no big surprises in the budget.

IX. DIRECTOR'S REPORT – D. Johnson

A. Senator Debbie Stabenow Letter

Included is a letter from Senator Stabenow who is always supported of us.

B. Times Herald Articles

There are several articles that ran in the Times Herald for your review. Ms. Johnson made special mention of the article “Children swept up in wake of addiction” Quoted in this article is our Board member Ms. Jowett-Lee. Also included is an article on the Sail In Café and Convenience Store which also appeared in the Detroit Free Press. Mr. Armstrong asked for a status update of the Sail In Café. Ms. Johnson stated that Ms. Gallagher is now overseeing the program with the current Supervisor as well as they have more students working which is what the program needed to make it worth it. That helps drop the rate down for the service. We have more students in the Galley as well but we are still looking at more changes.

C. Casual for a Cause Acknowledgment Letters: Lake Huron Foundation & SONS Outreach

For your review are two “Thank You” letters from Lake Huron Medical Center and SONS Outreach. Those were two recipients for our Casual for a Cause money raised.

D. Summary of Board Member Recommendations

Ms. Johnson stated she has been meeting with Board members talking about what is working well and what is not working. Board meeting recommendation on things such as how often we meet. She has one more Board member to talk to and then talk to Chairman Priemer with a summary of recommendations and she will be ready to present the recommendations at the next Board meeting.

X. BOARD FORUM – E. Priemer

A. Nominating Committee Appointments

Chairman Priemer asked for 2 -3 people to volunteer to be on the nominating committee. Ms. Martha Serafin, Ms. Julie Jowett-Lee and Ms. Sue White all volunteered to be on the Nominating Committee.

There are three positions available for the Board. All three current positions available are filled by people who are eligible to fill them again if they so choose.

B. Advisory Council Meeting Minutes (12/28/2017 – 01/25/2018)

Chairman Priemer stated there are two copies of minutes to review from the Advisory Council for (12/28/2017 and 01/25/2018).

XI. ANY OTHER BUSINESS TO PROPERLY COME BEFORE THE BOARD - None

XII. ADJOURNMENT

With no further business to discuss, Chairman Priemer adjourned the meeting at 7:30 pm.

Respectfully submitted,

Marcy Cameron
Recording Secretary