

ACCESS to SERVICES

The St. Clair County Community Mental Health ACCESS System is designed to provide a coordinated, effective method to respond to the mental health needs of individuals who are experiencing severe emotional difficulties or who have a developmental disability.

The ACCESS Customer Services Team is dedicated to providing exceptional and immediate service. Individuals who meet the criteria for treatment are referred to the Person Centered Planning process and connected to the appropriate resources and services. The services you receive are based on your individual needs and concerns. Recovery is achieved through education, information sharing, advocacy and support.

For crisis intervention or for access to information regarding mental health services, contact the 24-hour customer service center at:

Port Huron: 987-6911
Toll-free: 1-888-225-4447
TTY: 1-888-225-1973

St. Clair County Community Mental Health
Port Huron Outpatient
1007 Military Street
Port Huron, MI 48060



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1007 Military Street
Port Huron, MI 48060
Telephone: 810-987-7050
After Hours: 888-225-4447

ABOUT OUR SERVICES

Port Huron Outpatient provides services to people with developmental disabilities and/or severe mental illness. Individuals are encouraged to achieve self sufficiency, exercise choice and self determination, and become integral members of their community.

Services and treatment programs are tailored to meet the needs of each individual's hopes and desires through a Person Centered Planning process, which the client's family, friends and other support people they choose to have on their team.

Office Hours

Monday through Friday
8:30 a.m. - 5:00 p.m.

Evenings available by appointment

Fees

No one is denied services based on income.

Sliding fee scale.
Insurance accepted.

If you are suffering from a severe mental illness or developmental disability, there are a wide range of services available to help you reach your goals, restore hope and work towards recovery.

Assessment, Evaluation and Person Centered Planning

The concerns of an individual are evaluated to ensure that all needs are identified, accessed and properly treated.

Crisis Intervention

Offers immediate, short-term help to individuals who experience an emotional, mental, or behavioral distress or problem. Professionals are available 24-hours a day to stabilize and resolve crisis situations.

Psychiatric Evaluation

Psychiatric evaluations are conducted to identify service needs. In some cases, the evaluation may include a physical exam, psychological testing, or other medical tests. Depending on your diagnosis and individualized needs, medication can be prescribed to help alleviate and/or reduce your symptoms.

Individual, Family and Group Therapy

Therapy is available for individuals to express themselves and resolve issues. Group therapy brings together small groups of individuals who meet together with a therapist. Family therapy involves all members of a family.

Case Management/Supports Coordination

Assigns a single person or team to coordinate care for an individual with a severe mental illness or developmental disability. Your Case Manager will ensure that you receive access to care, and will work towards confirming continuity and efficiency of services. Many agencies throughout St. Clair County offer services to assist individuals with a severe mental illness or developmental disability in achieving their goals. Case Managers/Supports Coordinators also provide assistance with housing, daily living skills, transportation, socialization, employment, and more...



Nursing, Clinical and Occupational Therapy

Assists individuals in achieving the maximum level of independence.

Crisis Residential Services

Offers a safe, 24-hour therapeutic environment for individuals who are in a serious emotional crisis.

Psychological Assessment

During a psychological assessment, individuals are asked a series of questions in order to assess and evaluate an concerns and recommend appropriate treatment.

Community Living Supports

Provides individualized services that make it possible for people with developmental disabilities or severe mental illness to live independently in their own homes. Skill building assistance, adaptive equipment, or completion of a task or service is provided, as needed.

EMPOWERMENT



HOPE



RECOVERY



SPIRITUALITY